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FIRST RUN FEATURES PRESENTS



A POWERLIFTER IN BROOKLYN

When life pushes down, a Brooklyn powerlifter stands up.

You beat the weight or the weight beats you – it's the test every powerlifter faces when approaching the bar. But the weight that's been pressing down on coach and gym owner Paul Steinman is something far more challenging than sport.

Bombing out on his squats at the 2012 American Open was just one more failure for Paul. It had been a bad stretch for him both in and out of the gym – now it's time to make good. One year later, he's back in the same place and competing at the same meet, with wife and partner Rebecca at his side. As a super heavyweight Paul will lift in the day's final flight, leaving time to sit and think about all that's happened. What do you do when the weight feels heavy? Can you get up?

A dramatic, character-driven documentary set in Brooklyn, Weight follows Paul and Rebecca over a challenging year.



DVD EXTRAS: Audio Commentary with Rebecca Steinman Epilogue • Biographies

SRP: \$24.95 Catalog #: FRF 917018D 86 minutes, color, 2016



PRE-BOOK: JUNE 14 • STREET DATE: JULY 12

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